

als in the HEARTLAND

alsintheheartland.org

Join us in the
fight against
Lou Gehrig's
Disease!



SUNDAY
MARCH
31

12PM- 3PM

- Live Music • Food
- Vendors • Raffles
- Giveaways
- Kids Area with Games
and Bounce House

Grab your friends & join us.
Walking is optional!

**2019 WALK AND
RALLY FOR HOPE**

Baxter
ARENA



Participant's Name: _____ **Team Name:** _____

Mailing Address:

City: _____ State: _____ Zip: _____

Telephone: _____ **Email Address:** _____

We challenge you
to start your own
team and gather as
many people and
pledges as possible.

Start recruiting
walkers and
supporters for
your team now.

Cash, Credit Cards or checks payable to the ALS in the Heartland can be turned in at registration or online at

Start your Team Today at www.firstgiving.com/alsintheheartland/2019-Walk-Rally-for-Hope

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If you exceed the lines on the sheet, please feel free to create or photo copy additional forms.